



Accolades

Area Residential Care's Quarterly Newsletter

Winter 2015

Area Residential Care's Annual Board Dinner



On Monday, October 26, 2015 Area Residential Care held the annual Board Dinner in the Bridge Room of the Diamond Jo. This event, hosted by the Board of Directors and featuring a Back to the Future theme, is a time to recognize the accomplishments of the year and award those who have helped to make the mission of Area Residential Care possible.

During the event employees and community partners are presented with the following awards:

- * Recognition of Retirees
- * S.T.A.R. (Staff Tribute Administrative Reward)
- * Worker of the Year
- * Businesses of the Year

- * Special Recognition
- * Benefactor of the Year
- * Staff Length of Service Awards

It was a wonderful night and a true testament to the organization to see staff awarded for 5, 10, 15, 20, 25, 30, and even 40 years of service! Each and every staff member plays an integral role in providing residential, vocational, and day habilitation services to consumers- we couldn't do it without you!

This event also helped to honor those businesses who help to ensure our vision that every individual live, work, and participate in a supportive and accessible community is possible.

Businesses of the Year included:

- * Northeast Iowa Community College
- * The Village Cooperative
- * United Clinical Labs

Additionally, special recognition was given to Dubuque Fighting Saints, Gayla Roarig, Mindy Bassler, and Tom Anderegg.

If you'd like to learn more about how your business can partner with Area Residential Care to provide vocational opportunities for people with intellectual disabilities please contact us at 563-556-7560 and ask to speak to Business Coordinator, Mike McDonough. ✕

In this issue of **Accolades...**



Medicaid Changes in Iowa

Jon Romaine, Executive Director



I am sure many people, myself included, wish we could stop talking about the Medicaid Modernization plan from the State of Iowa and the subsequent switch to managed care companies running the state's Medicaid benefits programs.

Unfortunately though, Medicaid Modernization dominates almost every conversation parents, guardians, family members, consumers and service providers. As of the time I am writing this, the Centers for Medicare and Medicaid Services (CMS) has stepped in and told Iowa that January 1st was too soon to be making the switch, and March might be a more reasonable target date.

From the provider perspective, this delay

was a welcome step by CMS. We were initially confronted with several hundred page contracts from the managed care companies and told we had to sign them within 30 to 45 days in order to continue to get fully reimbursed for the services we were providing. Naturally, these contracts had clauses or sections in them that we would have preferred to negotiate with the managed care companies, but there were so many organizations who wanted to negotiate and very little time.

From the consumer/parent/guardian perspective, the order of a delay by CMS was also a welcome reprieve. All Medicaid recipients were assigned to one of the managed care organizations and told they had 90 days to decide whether to stay with that company or switch to one of the others. Making the decision of which managed care company to be with was difficult though because many doctors, clinics, therapists, and other service providers had not "signed" with any of the

managed care companies. Now there will be some time for providers of Medicaid funded services to negotiate contracts with the managed care companies, and for consumers to be assured that their current physician, therapist, or service provider will be with whatever company they are assigned or choose to be with.

We are thankful for this order of slow down, without it the State of Iowa would have brought a great deal of anxiety and frustration to people who already have enough of that in their lives. Medicaid and the services that it provides are designed to help moderate the problems of those who have not had the advantages most of us have had. *

For regular updates
"Like" Area Residential
Care on Facebook



Area Residential Care Staff Act As “Angels”

Several years ago, Area Residential Care employees discovered some individuals receiving services did not have a gift to open on Christmas morning. Since the agency mission is to empower people with intellectual disabilities to achieve their highest quality of life we wanted to ensure that those who wished to celebrate had a quality experience during the holiday season.

We created an “Angel Tree” that allowed employees to voluntarily select gift tags hanging from our agency’s holiday tree. Each gift tag features wishes and gift ideas for each consumer. Additionally, employees donate paid time off for the purchase of gifts. Items may include pajamas, sweatshirts, books, and other items ranging from approximately \$15-\$25 value.

This year we had double the number of requests from the previous year, but were able to fulfill this need due to an overwhelming response of generosity from our employees and from the public (this was the first year we opened it up on our social media pages to outside supporters).

Thank you to our employees and other supporters who make it possible for those we serve to have Happy Holidays and to achieve a high quality of life each and every day. Our staff, Board, volunteers, and supporters work each day to realize our vision “that every individual live, work, and participate in a supportive and accessible community.” Thank you for your continued support of our mission.

Can you help?

Area Residential Care is in need of the following items in several different departments. Do you have something available or would you like to make a donation to purchase this equipment? Contact Public Relations & Marketing at 563-557-4743 to help today!

Furniture

- Large Art Pieces
- (10) Folding Banquet Tables
- Couch
- Storage Cabinet with doors
- Outdoor Furniture

Misc.

- Oscillating Floor Fan
- Storage Containers
- Kickballs and basketballs
- Window Treatments

Recreational Equipment

- Treadmill

Electronics

- (2) 42 in. Flat Screen TV
- Projector
- new desktop computers (10)
- laptops or tablets

Office Equipment

- (3) Small Shredders
- File Cabinets



*Donated gifts fill up the HR Department
December 2015*



*The Angel Tree in the lobby of Area
Residential Care 2015*



Amy Schauer
Public Relations and Marketing Director

Area Residential Care would like to welcome Amy Schauer to our staff. Amy holds a Bachelor of Science-Sociology degree from the University of WI- La Crosse and a Master of Arts in Communication degree from the University of Dubuque, with a concentration in Organizational Leadership. Amy has over 15 years experience working for non-profit organizations and also teaches as an Adjunct Professor in the Communication department at the University of Dubuque.

Amy tells us that she has a passion for helping non-profits tell their stories and advance their missions. She believes in giving back to her community and values community collaboration. Amy is a member of the Association of Fundraising Professionals and the Women's Leadership Network. Amy is also an active Dubuque Area Chamber of Commerce member, recently presenting at Community Connections and helping Area Residential Care host a Business AM event.

She and her husband, Jim, have two beautiful children, Layney, age 6, and Landon, age 2 who help

Welcome Amy Schauer, PR & Marketing Director

keep life interesting. Her husband Jim has worked for Prudential Retirement for over 15 years. They currently live in Asbury, but Amy grew up in Dickeyville, WI finding her roots in public speaking as a tour guide for the Dickeyville Grotto when she was just a young teen.

Amy previously worked as the Development and Marketing Director for Opening Doors, the Director of the Retired and Senior Volunteer Program, a Case Manager for the Visiting Nurse Association, and as a Prevention Specialist for Helping Services of Northeast Iowa. She believes her career is not just a way to earn an income, but must also be a way to give back to her community and essentially "pay for her space on this earth." She tells us she works to instill these values in her own children and often drops them off at school in the morning saying "remember to put good out into the world." Her daughter, Layney, recently helped out at the Roshek Non-profit Holiday event, where we had a booth to promote our services and grow awareness for our mission.

Amy asks that those reading this article please remember to "like" us on Facebook and "follow" us on Twitter, as we try to grow our social media presence. She hopes to continue

to move our mission forward and grow awareness with an integrated marketing campaign and your help is greatly appreciated. She's excited to dive right in with planning our upcoming 2016 events. If you see Amy out and about in the community please stop and introduce yourself. She'd love to meet our supporters.

Welcome, Amy. ✨



Roshek Non-Profit Holiday display wreath made by Area Residential Care consumers in the Floral Treasures Department

**To contact Amy e-mail
aschauer@arearesidentialcare.org
or phone 563-557-4743**

Save the date for Corporate and Community Games!
 Friday, June 24, 2016
 Visit www.areasresidentialcare.org to find out more



Area Residential Care Consumers Had Disco Fever!



Logan Frommelt wins the “most far-out dressed person” award 2015

On Friday, December 4, 2015 the consumers of Area Residential Care caught “disco fever” as they celebrated the holidays. Yes, this fever was contagious and all

who attended this holiday celebration left feeling groovy man. This funky event featured cool cats enjoying a funkadelic dinner, delicious desserts, music from BMW music, and a photo booth from Absolute Music. **Thank you to both BMW Music and Absolute Music for helping making this party so spectacular!**

These party-goers boogied on down to disco tunes and watched the movie “Grease.” They danced, jived, and had the time of their lives! There was also a costume contest for the “most far-out-dressed person” of the night. When the votes came in

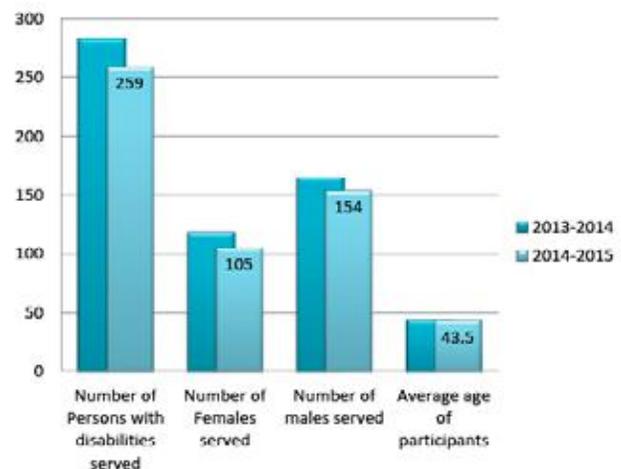
the winner was, Logan Frommelt, who gazed at all through disco-green glasses. This costume was dynamite!

These parties really help to add to the Area Residential Care mission to “empower people with intellectual disabilities to achieve their highest quality of life.”

A special thank you to the planning committee: Mandy Downing, Molly Beecher, Mike Hickey, Gidget Maas, Mike Sheehy, Kim Steines, and Cindy Leifker and to all those who donated desserts for the party. ✨

The Area Residential Care 2014/2015 Annual Report is now available on our website at www.areasresidentialcare.org under the “About Us” menu. Or to request a print copy please e-mail info@areasresidentialcare.org.

Service Numbers



Area Residential Care Annual Appeal Update

Thank you to all the wonderful donors who have contributed to the 2015/2016 annual appeal for Area Residential Care. Our goal this year is to raise \$20,000 for the purchase of a new-to-us vehicle to provide rides for our consumers to day outings, work settings, and other crucial services. Transportation continues to be one of the biggest barriers faced by our consumers on a daily basis. Last year

Area Residential Care served 259 consumers and provided over 10,000 rides to ensure that every individual lives, works, and participates in a supportive and accessible community.

To date we have raised \$8,722.00, this is 43.6% of our goal. If you'd like to help us reach our goal, please visit www.arearesidentialcare.org and click

Donate today or mail a check made out to:

Area Residential Care
3355 Kennedy Circle
Dubuque, IA 52002

Your gift of any size will help us to provide rides for consumers helping them achieve their highest quality of life and put smiles on the faces of those we serve.✘

Thank you to the following donors who have given generously to the annual appeal as of 1.15.16
If you notice any errors please accept our apologies and call Amy Schauer, PR & Marketing Director at 563.557.4743 to make the correction.

Kathlen Ackerman
Anonymous
Avalon Body Shop, Inc.
Peter and Cynthia Alt
Hylene Anderson
Al Bahl
Herbert Bailey
Keith and Lugene Berning
Jamie Bishop
Paul and Jean Blaser
Doug and Suzanne Boeckmann
Donald and Mary Brimeyer
Barry and Kathy Bromberg
Karen and E. Scott Buechler- in honor of Marilyn Bradley
Marcelline Capesius- in honor of Tom Capesius
Ruth and Aimee Chevalier
Conlon Construction
Charles and Kathryn Davis
Wayne and Joan Demmer- in memory of Carol Eberlein
Donald Duggan
Ed Durey
Wayne and Nancy Ellerman- in honor of Dianne Ellerman
Daniel and Ann Ernst
Anthony and Carole Faulhaber
Floorshow Corporation
Lillian Freund
Floyd and Rose Hammel
Briane and Dianne Hefel- in honor of Kayla Hefel
Paul Hoffmann, D.D.S.
IIW P.C
Frances Jaegar
Robert and Martha Jasper
Kevin and Mary Kisting- in honor of Margaret Pfohl
Gerald Klein
Verna Klostermann

Patrick & Deanna Koopmann- in memory of Joshua Koopmann
Leo and Betty Kress
Jon and Mary Kretz
Lange Sign Group
Barbara Ludwig
Dorothy McDermott- in remembrance of Kathy Riedel
Ruth Ann Middleman
Morrison Brothers Company
Brett and Gwen Moser
New Melleray Abbey
James and Mary O'Brien
Joseph and Becky Peiffer- in memory of Mary Ann Peiffer
Joyce and Patrick Portzen
Gerald and Marilyn Prier
Mary S. Quinlan- in honor of Joseph Quinlan
Mary Ann & Don Richardson- in memory of Mike Nelson
John and Ruth Riedl
Kris and Stephen Rodham
Amy and Jim Schauer
Mary Schmeichel
Sarah Schmeichel
Ronald and Charlotte Schope
Harold Schuster
Martin and Judy Sheehy
Ned and Wakako Smith
Dave and Deanna Studier
Tandem Tire and Auto
Kenneth and Marlene Tekippe
Christopher and Pamela Theisen
Brenda Trierweiler
Tri-State Porta Potty- Corey Kaiser
Lynn and Roger Vogt
Hans and Lorraine Volker
Mr & Mrs. Robert Wahlert
Carol Waddick
Jane Wagner
David Weber, D.C.
Thomas and Betty White
M. Beth Whisler
Widner Drug
William and Linda Wolf-in honor of Russell Wolf

Spotlight on Community Employment

By: Mike McDonough, Area Residential Care Business Coordinator



Area Residential Care strives to find meaningful employment opportunities for the people we serve. Our vision is to ensure every individual live, work, and participate in a supportive and accessible community.

Sometimes this can be challenging and we rely on all of our staff to assist by informing us of employment possibilities in the community.

An Area Residential Care staff member, who works part time at Texas Roadhouse, found out there was in need for someone to roll silverware in napkins on a daily basis, Monday through Friday, for 3 to 4 hours each day. In addition to the silverware, the job also required refilling condiment containers and mopping floors. This seemed like a great vocational opportunity for a consumer because it was a job that had repetition and would be something we could teach a consumer the skills to complete.

Upon meeting Kelley Rice, the managing partner at Texas Roadhouse, he suggested we select someone who would be the best for the job. We decided upon Julie Ackerman, who was excited because Texas Roadhouse is Julie's favorite restaurant.

Since Julie was doing such a great job, Kelley called again when he needed a second person to do daily sweeping and mopping. Dakota Muntz was the right person for the job. Dakota was just leaving high school and looking for regular employment.

When speaking about Julie and Dakota, Kelley said they are two of his favorite employees. They show up for work every day and never call in sick. They even come early for their shifts. He said they are a pleasure to have around.

If you know of employment possibilities in the community, please call Mike McDonough at 563-557-4751. Jobs can vary in number of days a week and number of hours per day; they can also be seasonal. An Area Residential Care staff member can be provided as a job coach to assist with training. One of the Area Residential Care consumers might be a great fit for those hard to fill positions. Thank you for partnering with Area Residential Care for a supportive and



Directory

Area Residential Care

Main Location

3355 Kennedy Circle

Dubuque, IA 52002

[P] 563.556.7560 [F] 563.556.7565

Delaware County

609 Jasper

Manchester, IA 52057

www.arearesidentialcare.org

info@arearesidentialcare.org

Executive Director | Jon Romaine

Associate Executive Director | Sue Freeman

Financial Director | Tammy Hendricks

Public Relations & Marketing Director | Amy Schauer

Human Resources Director | Sandy Collins

Residential & Community

Services Director | Elly Day

Day Services Program Director | Cindy Leifker

Facility Operations Director | Karl Stieglitz

ICF/ID Services Director | Rachel Wall

Manchester/Dyersville

Services Director | Michelle Steege

Board of Directors

The agency's Board of Directors is a group of volunteers dedicated to promoting the vision and mission of Area Residential Care. For more information about them, please contact our Executive Director.

President | Mark Rellihan

Vice-President | Kandice Kerr

Treasurer | John Splinter

Secretary | Kevin Stevens

Duane Frick

Charles Davis

Teresa Johannsen

Tim O'Brien

Guy Gard

James Schilling

Karen Dorschkind

Sarah Golick



3355 Kennedy Circle | Dubuque, IA 52002
www.areasresidentialcare.org

Accolades Winter 2016 Edition

Thank you for supporting Area Residential Care.

If you'd like to receive this newsletter electronically by e-mail please e-mail info@areasresidentialcare.org. Thank you.



EMPOWERING PEOPLE WITH INTELLECTUAL DISABILITIES
TO ACHIEVE THEIR HIGHEST QUALITY OF LIFE

2016 CORPORATE & COMMUNITY GAMES

Friday, June 24, 2016 • Port of Dubuque
Rain Date: June 30, 2016

To benefit Area Residential Care

Silly games for a serious mission!

Would you like to be a sponsor and help support the mission of “Empowering people with intellectual disabilities to achieve their highest quality of life”?

Team Registration \$200

- * 1 team registration

Silver Sponsor \$300

- * 1 team registration
- * listed in program

Gold Sponsor \$500

- * 1 team registration
- * 1/4 page program ad

Platinum Sponsor \$1,000

- * 2 team registrations
- * half-page program ad
- * 1 banner displayed at event
- company logo on event marketing materials

Major Sponsor \$1,500

- * 2 team registrations
- * full page ad in program
- * company logo on event t-shirts
- * 2 banners displayed at event
- * company logo on event marketing materials

Premier Sponsor \$2,500

- * 2 team registrations
- * color, full page program ad
- * company logo on event t-shirt
- * banner displayed center stage
- * banner at entrance/exit of event
- * company logo included on event marketing materials
- * company logo included on e-mail notifications

Volunteers are also needed!



Only 75 Team spots available! It's a great way to team-build with your staff!

For more information or to be part of the event, please contact Amy Schauer, PR & Marketing Director 563-557-4743 or aschauer@areasresidentialcare.org